

REPORT OF NATIONAL WORKSHOP
ON
“SHIKSHA AUR SWASTH SAMAJ”

A seven days national workshop on “Shiksha Aur Swasth Samaj” was organized by the Faculty of Education (B.Ed.) from 01-09-2014 to 07-09-2014.

Organizing committee

Organizing Secretary

Dr.Manjul Gupta
Mr.Abhishek Senger

Co-Organizing Secretary

Mr.Sudhir Kumar
Mr.U.P.Paswan
Mr.Surendra Pratap

Convener

Mr.Nagendra Nath Yadav
Dr.Tarkeshwar Gupta

Co- Convener

Dr.Rashmi singh
Mr.Ratan singh

Chairman

Prof.Akhilesh kumar
Principal

The inaugural session was initiated by chief guest Dr. Vijay Kumar, Additional Chief Medical Officer, Hardoi and special guest Dr. Ashwani Kumar, Deputy Chief Medical Officer Hardoi. Prof. Akhilesh Kumar, Principal M. P. Govt. P. G. College Hardoi chaired the session. In the next session senior Dental Medical Officer of District Hospital, Hardoi Dr. K.K. Mall has presented his lecture on “Swasth Daant-Sundar Muskan”.

First session of the second day was dedicated to yoga. Dr. Tarkeshwar Gupta delivered his lecture on “Yoga in Present Scenario”. In the second session of the day Dr. R.K. Mishra, Senior Ophthalmologist, District Hospital,Hardoi, explained various eyes parts, diseases and appropriate glasses. Dr. Manjul Gupta and Dr. Rashmi Singh presented their papers on “Mental Health, Stress Management and New Technologies”.

The first session of the third day was initiated by Dr. N.N. Yadav who told about “Plastic and its Effect on Health”. Mr. Sudhir Kumar talked about the “Peace and Personality”. Mr. Chandra Prakash Yadav, SRF, Department of Hindi, University of Delhi, Delhi discussed about the “Role of Literature on Our Health”. In the second session Dr. Amarjeet Singh Ajmani, District T.B. Control Medical Officer, Hardoi, discussed various aspects of “T.B. and its Remedies. Mrs. Sarita Assistant, Prof. Kurukshetra University, Haryana told about “Child Care and Child Health”. Mr. Atal Bahadur Singh Assistant Professor Gurukul Kangari University, Haridwar ,Uttarakhand discussed about “Effect of Water Pollution on Health”.

Dr. S.K. Vaish delivered an informative lecture on “Mobile Radiation and Health” in the first session of the fourth day. Dr. Om Prakash delivered his lecture on “Intellectual Property Right”. Mr. Ratan Singh discussed “Snake Bite Prevention & Cure”. In the second session of the day Dr. Neha Agrawal, Medical Officer Hardoi presented her paper on “Anemia and Menstrual cycle”. Dr. Ragini discussed about “Hygienic Strategies in Women”.

First session of the fifth day was devoted to “Drugs”. Dr. Amit Kumar Yadav presented his paper about “Role of Combinatorial Chemistry in Drug Formation.” Prof. Akhilesh Kumar, Principal discussed about “Imperfections in Medical Science”. Mr. Satish

Kumar Senior Drug Expert of District Hospital talked about “Drugs and Precautions in its Uses”. Mr. D.P. Singh Assistant Professor Swami Ji Maharaj P.G. College, Datia M.P. put his valuable thought about “Water-Key of Life”. Dr. Satish Kumar Lecturer KalaGarh Uttarakhand spoke about “Pollution & Health”. The second session was focused on “Spiritual Health”. Dr. S.K. Agrawal presented “Nishkaam Karm Yog and Health”. Dr. N.P.Singh explained about “Marketing, Advertisement and Health”. Mr. Uday Prakash Paswan discussed about “Electric Shock-Precaution & Cure” and Mr. Surendra Pratap presented his paper on “Health Education: Need of Hour”.

The first session of the sixth day was dedicated to “Diet and Fitness”. Dr. Meena Srivastava and Dr. Mishu Singh discussed about “Balanced Diet and Fitness”. Mr. Abhishek Sengar discussed about “Intoxication and Health”. In the second session Dr. Pankaj Mishra, Medical officer Hardoi presented his paper on “First Aid”. He told various important information regarding to first aid.

The first session of the seventh day Dr. Pawan Chauhan delivered his lecture on “Radiation and Health”. Dr. R. M. Singh talked on “Stress Management”. Dr. Onkarnath Mishra Assistant Professor H.N.V. Govt. P.G. College Khatima, Udham Singh Nagar, Uttarakhand spoke about “Ethics, Moral and Mental Health”. Gaurav Yadav discussed about “Climate Change and Health”. The valedictory session was initiated by chief guest Dr. Ravindra Singh Senior Dentist Hardoi in the presence of special guests Dr. N.C. Shukla, Principal C.S.N. P.G. College Hardoi and Dr. Sudhir Chauhan, Principal Govt. Degree College, Pihani Hardoi. Dr. N.N. Yadav convener of the workshop presented the review of workshop and Prof. Akhilesh Kumar Chairman of the workshop presented vote of thanks to all invitees, faculty members, participants, media persons and students. Thus a seven days National Workshop “Shiksha aur Swasth Samaj” came to the end in which 32 invited lectures from different states of India by different experts of Medical Science, General Science, Yoga, Culture, Commerce and Psychology were presented. It delivers a strong message that one should know about health, avoid harmful activities and make precautions for better health.